Section 1: Demographic Data

* Required

1. **What is your birth date?** *

   _____

   Example: December 15, 2012

Thoughts, Feelings & Actions

Describe your thoughts, feelings and actions in the past 7 days.

2. **I was child-centered in my fathering choices**

   Mark only one oval.

   - ◯ Never
   - ◯ 1 or 2 times
   - ◯ 3 to 6 times
   - ◯ Every day
   - ◯ Many times a day

3. **I interacted with my child (e.g. listened to, praised or played with)**

   - ◯ Never
   - ◯ 1 or 2 times
   - ◯ 3 to 6 times
   - ◯ Every day
   - ◯ Many times a day

4. **I hurt my child or their mother with words or actions**

   - ◯ Never
   - ◯ 1 or 2 times
   - ◯ 3 to 6 times
   - ◯ Every day
   - ◯ Many times a day

5. **I yelled or argued with a family member**

- ◯ Never
- ◯ 1 or 2 times
- ◯ 3 to 6 times
- ◯ Every day
- ◯ Many times a day

6. **I handled a family situation differently: without getting mad**

- ◯ Never
- ◯ 1 or 2 times
- ◯ 3 to 6 times
- ◯ Every day
- ◯ Many times a day

7. **I tried to rebuild trust with my child and/or their mother**

- ◯ Never
- ◯ 1 or 2 times
- ◯ 3 to 6 times
- ◯ Every day
- ◯ Many times a day

8. **I was sensitive to my child's age-appropriate needs**

- ◯ Never
- ◯ 1 or 2 times
- ◯ 3 to 6 times
- ◯ Every day
- ◯ Many times a day

9. **I problem solved a difficult family situation**

- ◯ Never
- ◯ 1 or 2 times
- ◯ 3 to 6 times
- ◯ Every day
- ◯ Many times a day

Section 4: Involvement & Distress

Please answer the following questions in reference to the child you identified in Section 1 whenever possible.

Involvement

How well do you think you have done in these areas in the last month?

10. **Being a pal or friend to your children**
Mark only one oval.

	1	2	3	4	5	6	7	
Very Poor	◯	◯	◯	◯	◯	◯	◯	Excellent

11. **Spending time just talking with your children when they want to talk about something**

	1	2	3	4	5	6	7	
Very Poor	◯	◯	◯	◯	◯	◯	◯	Excellent

12. **Spending time with your children doing things they like to do**

	1	2	3	4	5	6	7	
Very Poor	◯	◯	◯	◯	◯	◯	◯	Excellent

13. **Praising your children for doing the right thing**

	1	2	3	4	5	6	7	
Very Poor	◯	◯	◯	◯	◯	◯	◯	Excellent

14. **Praising your children for something they have done well**

	1	2	3	4	5	6	7	
Very Poor	◯	◯	◯	◯	◯	◯	◯	Excellent

15. **Telling your children that you love them**

	1	2	3	4	5	6	7	
Very Poor	◯	◯	◯	◯	◯	◯	◯	Excellent

16. **Attending events your children participate in (sports, school, religious events)**

	1	2	3	4	5	6	7	
Very Poor	◯	◯	◯	◯	◯	◯	◯	Excellent

17. **Being involved in the daily or regular routine of taking care of your children's basic needs or activities (feeding, driving them places, etc.)**

	1	2	3	4	5	6	7	
Very Poor	◯	◯	◯	◯	◯	◯	◯	Excellent

18. **Knowing where your children go and what they do with their friends**

	1	2	3	4	5	6	7	
Very Poor	◯	◯	◯	◯	◯	◯	◯	Excellent

Distress

How regularly would you describe...

19. **Feeling nervous, anxious, or on edge**
Mark only one oval.

- ◯ Not at all
- ◯ Several days
- ◯ More days than not
- ◯ Nearly every day

20. **Not being able to stop or control worrying**

- ◯ Not at all
- ◯ Several days
- ◯ More days than not
- ◯ Nearly every day

21. **Feeling down, depressed, or hopeless**

- Not at all
- Several days
- More days than not
- Nearly every day

22. **Having little interest or pleasure in doing things**

- Not at all
- Several days
- More days than not
- Nearly every day

Section 2: Your relationship with your child's mother

Please answer the following questions thinking about how things have been in the last month.

23. **I believe my child's mother is a good parent**
Mark only one oval.

	1	2	3	4	5	6	7	
Not true of us								Very true of us

24. **My relationship with my child's mother is stronger now than before we had a child**

	1	2	3	4	5	6	7	
Not true of us								Very true of us

25. **My child's mother pays a great deal of attention to our child**

	1	2	3	4	5	6	7	
Not true of us								Very true of us

26. **My child's mother likes to play with our child and then leave dirty work to me**

	1	2	3	4	5	6	7	
Not true of us								Very true of us

27. **My child's mother and I have the same goals for our child**

	1	2	3	4	5	6	7	
Not true of us	◯	◯	◯	◯	◯	◯	◯	Very true of us

28. **My child's mother and I have different ideas about how to raise our child**

	1	2	3	4	5	6	7	
Not true of us	◯	◯	◯	◯	◯	◯	◯	Very true of us

29. **My child's mother tries to show that she is better than me at caring for our child**

	1	2	3	4	5	6	7	
Not true of us	◯	◯	◯	◯	◯	◯	◯	Very true of us

30. **My child's mother does not carry her fair share of the parenting work**

	1	2	3	4	5	6	7	
Not true of us	◯	◯	◯	◯	◯	◯	◯	Very true of us

31. **My child's mother undermines my parenting**

	1	2	3	4	5	6	7	
Not true of us	◯	◯	◯	◯	◯	◯	◯	Very true of us

32. **We are growing and maturing together through experiences as parents**

	1	2	3	4	5	6	7	
Not true of us	◯	◯	◯	◯	◯	◯	◯	Very true of us

33. **My child's mother appreciates how hard I work at being a good parent**

	1	2	3	4	5	6	7	
Not true of us	◯	◯	◯	◯	◯	◯	◯	Very true of us

34. **My child's mother makes me feel like I'm the best possible parent for our child**

	1	2	3	4	5	6	7	
Not true of us	◯	◯	◯	◯	◯	◯	◯	Very true of us

Thinking about how things have been in the last month, when all three of you are together, do you:

1 = Never, 3 = Sometimes (once or twice a week), 4 = Often (several times a week), 6 - Very Often (once a day)

35. **Find yourself in a mildly tense or sarcastic interchange with your child's mother?**
Mark only one oval.

	1	2	3	4	5	6	7	
Never	◯	◯	◯	◯	◯	◯	◯	Very Often

36. **Argue with your child's mother about your child, in the child's presence?**

	1	2	3	4	5	6	7	
Never	◯	◯	◯	◯	◯	◯	◯	Very Often

37. **Argue about your relationship or marital issues, unrelated to your child, in your child's presence?**

	1	2	3	4	5	6	7	
Never	◯	◯	◯	◯	◯	◯	◯	Very Often

Section 3: Questions about Parenting

Please answer the following questions in reference to the child you identified in Section 1 whenever possible.

Your answers to questions in this section should be indicated on a spectrum between two end possibilities as shown in the sample item below.

SAMPLE ITEM:

At meal time...
Mark only one oval.

	1	2	3	4	5	6	7	
I decide how much my child eats	◯	◯	●	◯	◯	◯	◯	I let my child decide how much to eat

38. **When I'm upset or under stress...**
Mark only one oval.

	1	2	3	4	5	6	7	
I am picky and on my child's back	⬭	⬭	⬭	⬭	⬭	⬭	⬭	I am no more picky than usual

39. **When I want my child to stop doing something...**

	1	2	3	4	5	6	7	
I firmly tell my child to stop	⬭	⬭	⬭	⬭	⬭	⬭	⬭	I coax or beg my child to stop

40. **When my child misbehaves...**

	1	2	3	4	5	6	7	
I usually get into a long argument with my child	⬭	⬭	⬭	⬭	⬭	⬭	⬭	I don't get into an argument

41. **When my child does something I don't like...**

	1	2	3	4	5	6	7	
I do something about it every time it happens	⬭	⬭	⬭	⬭	⬭	⬭	⬭	I often let it go

42. **When my child misbehaves...**

	1	2	3	4	5	6	7	
I raise my voice or yell	⬭	⬭	⬭	⬭	⬭	⬭	⬭	I speak to my child calmly

43. **When my child doesn't do what I ask...**

	1	2	3	4	5	6	7	
I often let it go or end up doing it myself	⬭	⬭	⬭	⬭	⬭	⬭	⬭	I take some other action

44. **After there's been a problem with my child...**

	1	2	3	4	5	6	7	
I often hold a gudge	◯	◯	◯	◯	◯	◯	◯	Things get back to normal quickly

45. **If saying "No" doesn't work...**

	1	2	3	4	5	6	7	
I take some other kind of action	◯	◯	◯	◯	◯	◯	◯	I offer my child something nice so he/she will behave

46. **When there's a problem with my child...**

	1	2	3	4	5	6	7	
Things build up and I do things I don't mean to do	◯	◯	◯	◯	◯	◯	◯	Things don't get out of hand

47. **If my child gets upset when I say "No"...**

	1	2	3	4	5	6	7	
I back down and give in to my child	◯	◯	◯	◯	◯	◯	◯	I stick to what I said

Group Satisfaction

48. **Overall how satisfied were you with your experience of Caring Dads?**
Mark only one oval.

	1	2	3	4	5	6	7	
Extremely unsatisifed	◯	◯	◯	◯	◯	◯	◯	Extremely satisfied

49. **Overall, do you feel like you gained knowledge as a result of attending this program?**

- ◯ Yes
- ◯ A little
- ◯ No

50. **Overall, do you feel that you learned new skills as a result of attending this program?**

- Yes
- A little
- No

51. **Do you feel that attending this group has made you a better parent?**

- Yes
- No

52. **Do you feel that attending this group has helped you improve your relationship with your children's mother?**

- Yes
- No

53. **Would you recommend the group to others?**

- Yes
- No

Quality Assurance

These are questions that should be answered positively by respondents. They are administered at the end of the program.

54. **Overall, how satisfied were you with your experience of Caring Dads?**
Mark only one oval.

	1	2	3	4	5	
Extremely unsatisfied	◯	◯	◯	◯	◯	Extremely satisfied

55. **Have you noticed any positive changes in your relationship with your child(ren) as a result of participating in this group?**
Check all that apply.

- [ ] Yes
- [ ] A little
- [ ] No

56. **Have you noticed any positive changes in your relationship with your child(ren)'s mother as a result of participating in this group?**

- [ ] Yes
- [ ] A little
- [ ] No

57. **Would you recommend the group to others?**

- [ ] Yes
- [ ] No

To what extent has the group helped you in the following areas?

58. **Become more child-centered in my father choices**
Mark only one oval.

- ◯ Not at all
- ◯ A little
- ◯ Somewhat
- ◯ A lot

59. **Interact more positively with my child (e.g., listening, praising, playing)**

- [ ] Not at all
- [ ] A little
- [ ] Somewhat
- [ ] A lot

60. **Be sensitive to my child's age-appropriate needs**

- ◯ Not at all
- ◯ A little
- ◯ Somewhat
- ◯ A lot

61. **Support my child's relationship with his/her mother**

- ◯ Not at all
- ◯ A little
- ◯ Somewhat
- ◯ A lot

62. **Handle family situations differently, without getting mad**

- ◯ Not at all
- ◯ A little
- ◯ Somewhat
- ◯ A lot

63. **Co-parent with my child's mother without hurting her with my words or actions**

- ◯ Not at all
- ◯ A little
- ◯ Somewhat
- ◯ A lot

64. **Parent my child without hurting him/her with my words or actions**

- ◯ Not at all
- ◯ A little
- ◯ Somewhat
- ◯ A lot

65. **Learn ways to rebuild trust with my family**
Check all that apply.

- ☐ Not at all
- ☐ A little
- ☐ Somewhat
- ☐ A lot

66. **What would you suggest be done differently in future groups?**

_____

_____

_____

_____

_____

Rating of Facilitators - from TIPS

67. **The facilitators at Caring Dads treated me with respect**

Check all that apply.

- [ ] Not at all true
- [ ] A little true
- [ ] Somewhat true
- [ ] Very true

68. **Caring Dads facilitators respected the strengths I have gained through my life experiences**

- [ ] Not at all true
- [ ] A little true
- [ ] Somewhat true
- [ ] Very true

69. **Caring Dads facilitators were able to help me set goals to work on during the program**

- [ ] Not at all true
- [ ] A little true
- [ ] Somewhat true
- [ ] Very true

70. **Caring Dads facilitators could handle difficult situations**

- [ ] Not at all true
- [ ] A little true
- [ ] Somewhat true
- [ ] Very true

71. **Caring Dads facilitators treated me honestly; I can trust them**

- [ ] Not at all true
- [ ] A little true
- [ ] Somewhat true
- [ ] Very true

72. **Caring Dads facilitators respected the strengths I get from my culture or family ties**

- [ ] Not at all true
- [ ] A little true
- [ ] Somewhat true
- [ ] Very true

73. **Caring Dads facilitators collaborated with other professionals involved with my family to try to make sure that everyone was "on the same page"**

- [ ] Not at all true
- [ ] A little true
- [ ] Somewhat true
- [ ] Very true

74. **Caring Dads facilitators consistently kept the focus on what was best for my children**

- [ ] Not at all true
- [ ] A little true
- [ ] Somewhat true
- [ ] Very true

75. **Caring Dads facilitators helped me make connections with other fathers facing similar problems**

- [ ] Not at all true
- [ ] A little true
- [ ] Somewhat true
- [ ] Very true

76. **Caring Dads facilitators helped me understand the importance of the relationship between my children and their mother (and/or other caregivers)**

- [ ] Not at all true
- [ ] A little true
- [ ] Somewhat true
- [ ] Very true

77. **The facilitators were knowledgeable, prepared, and organized**

- [ ] Not at all true
- [ ] A little true
- [ ] Somewhat true
- [ ] Very true