



Group Facilitator Self Reflection

Session 17

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Caring Dads Group Facilitator Self Reflection-Session 17

Using this guide, evaluate yourself in relation to the following areas of Caring Dads group facilitation. This is meant to be a reflective process and aid in identifying areas of both strength and places to be working towards improvement. Part one is set of questions are specifically related to your group preparedness and how you and your co-facilitation team functions to support each other and the fathers in your group. Part two is a set of questions specific to your performance. We will be asked to fill these forms out at the conclusion of each session and we will be referring to the content in our supervision sessions.

Date:		
Start time:	End time:	Total:
Facilitators Name:		
Co-Facilitators:		
Group Week:	Session Topic:	
Reminder calls to group participants: Y N		
Follow-up calls to absent participants: Y N		
Comments:		

Group Planning

Pre group planning check list	
Set up and organized room prior to the group members attending:	
Chairs arranged	
Clear Agenda for the Session outlined on board:	
Sign in Sheet available:	
A/V equipment set up and tested prior to group:	
Review of program goal section with co-facilitators	
Session reviewed and planned out prior to group:	
Session topics assigned to specific facilitator	
Topics Covered:	

Material covered in Session 17

This section covers the group session as it's presented in the manual. This is an opportunity to reflect on the session and how well you stayed on topic and managed the time for the material. There space at the end to reflect on challenges that arose and successes you and your co-facilitators experienced in this session.

Before group start time	Did you welcome each group member as they arrived?	
Check-in (20 min)	Did you use the check-in to encourage the men to review their progress over the program?	
Exercise 1: Review of Main Concepts (20 min)	Did you cover all the main concepts in the program?	
Exercise 2: Getting Support from Others (40 min)	Did you develop an eco-map for each of the men in the group?	
Exercise 3: Feedback for the Group (20 min)	Did you discussion feedback from the men on their experience of the group?	
Checkout (10 min)	Were you able to facilitate a successful closing of the group?	

Overall impression of session

Post Group review:	
Did we stay to the agenda?	
Did we debrief session?	
Did we record group dynamics?	
Were we able to maintain focus and keep group members interested and engaged?	
Did we have any specific challenges arise related to the program content?	
Were you able to cover all the material from the session?	
Did we have any specific challenges arise related to client involvement?	
Did we follow up with any group members in need on additional supports?	
Were we required to do any collateral follow up after group?	
Additional Comments:	

Self-reflection: use this space to comment on how you felt you did in the group (Did you take an active role in presenting material? Did you support your co-facilitator and the group members? Give specific examples, did you feel prepared to facilitate the group session? If no, what might you need to improve your involvement?):

Did I feel I, and/or my co-facilitator were prepared for the session?	
Did I feel I was present and able to work collaboratively with my co-facilitator?	
Was there a part of my participation that I felt particularly positive about?	
Was there a part of my participation that if felt needed improvement?	
Was I able to pay attention to my reactions to the clients?	
Did I feel moved, either positively or negatively, by any of the fathers in the group?	
Was there anything said in group that sat with me and I feel I need to take a closer look?	